

Take an Adventure Break



Kayaking



Sailing

*Cycling
Tours*



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adventure BREAKS

**Extreme
Excursions**

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Extreme
Excursions

CYCLING TOUR

Islands of Goa: Available 1 September to 15 May



We set off along the magnificent Linhares Bridge and Causeway, built in 1633 and still used for today's traffic, to reach the Ribandar-Divar Ferry. We take the Ferry Boat across the Mandovi River and then cycle through Divar Island, with its lovely old houses and quiet streets. Stop en route for breakfast (on us) at a local eatery. At the other end of the island, take a ferry to Narvem, then pedal

through the quaint riverine island of Chorao, before taking yet another ferry back to Ribandar, and returning to Panaji. This 20-25 km, 3-hour ride takes in both the islands with a breakfast halt at a local eatery.

Start at: Divja Circle, just a few minutes' walk from the Panaji Cruise boat jetty, and 5-7 minutes' walk from the Panaji Bus Stand.

Time: 3 to 3.5 hours. Daily, 07:30 to 11:00 hrs

Included

Use of 21-speed geared hybrid/mountain bicycle

Group leader and guide

Use of Helmet for safety

Bottled Water

Breakfast at a traditional local eatery

Excluded

Transport to and from starting/ending point

Tips

Anything not in the included list

Recommended

Camera, Sun Screen lotion, Sun Glasses, Napkin

If you wear spectacles, a strap to stop them from falling

Clothes for Cycling

Tee shirt and shorts *or* long sleeved shirt and long track pants if you get easily sunburned. *Footwear:* Sports shoes

MRP for Tour: Rs1,870 per person

Up to 10 persons per tour

Tour must be booked at least 24 hours in advance

CYCLING TOUR

Cycle Tour of Old Goa: Available 1 September to 15 May



We set off for Old Goa along the magnificent Linhares Bridge and Causeway, built in 1633 and still used for today's traffic, to reach Old Goa.

Cycle through Old Goa with a guide telling you about what was once India's second-largest city, but is now a collection of fine churches

and Asia's largest Cathedral. The tour takes you to the Chapel of Nossa Senhora de Monte, with a magnificent view of the area, before returning, getting updated on all the monuments en route. Time: 3 to 3.5 hours, about 30km. Daily, 07:30 to 11:00 hrs

Start at: Divja Circle, just a few minutes' walk from the Panaji Cruise boat jetty, and 5-7 minutes' walk from the Panaji Bus Stand.

Time: 3 to 3.5 hours. Daily, 07:30 to 11:00 hrs

Included

Use of 21-speed geared hybrid/mountain bicycle

Group leader and guide

Use of Helmet for safety

Bottled Water

Snack and fruit juice / soft drink

Excluded

Transport to and from starting/ending point

Tips

Anything not in the included list

Recommended

Camera, Sun Screen lotion, Sun Glasses, Napkin

If you wear spectacles, a strap to stop them from falling

Clothes for Cycling

Tee shirt and shorts *or* long sleeved shirt and long track pants if you get easily sunburned. *Footwear:* Sports shoes

MRP for Tour: Rs1,870 per person

Up to 10 persons per tour

Tour must be booked at least 24 hours in advance

CYCLING TOUR

Eat, Swim, Chill, Cycle: Available 1 September to 15 May



Start on the 380-year old Ponte de Linhares causeway. Take the traditional Goan Ferry across the Mandovi River to the riverine island of Chorao. Drive through this village still relatively untouched by urbanization. Stop at a backwater where birds of all kinds gather. Then, take a ferry to Naroa, on the riverine island of Divar. Stop at the lovely Divar Island Resort for some well-earned Rest & Recreation. Eat a sumptuous breakfast and take a leisurely swim in the pool. The resort is owned by former British sky diver Jan Bostock and his wife Aarti. Bostock also acts in Bollywood films as a villain, and

the resort has been host to several stars over the years. After, take yet another ferry back to Ribandar, and then back to Panaji.

Time: 5 hours. Daily, 07:30 to 13:00 hrs

Included

Use of 21-speed geared hybrid/mountain bicycle

Group leader and guide

Use of Helmet for safety

Bottled Water

Breakfast and Swim at the boutique Divar Island Resort

Excluded

Transport to and from starting/ending point

Tips

Anything not in the included list

Recommended

Camera, Sun Screen lotion, Sun Glasses, Napkin

If you wear spectacles, a strap to stop them from falling

Clothes for Cycling

Tee shirt and shorts or long sleeved shirt and long track pants if you get easily sunburned. *Footwear:* Sports shoes

MRP for Tour: Rs2,390 per person

Up to 10 persons per tour

Tour must be booked at least 48 hours in advance

CYCLING TOUR

Culinary Cycle Tour: Available 1 September to 15 May



Our culinary adventure experience tour combines a cycle tour visiting the 400-year-old Aldona church and the historical Corjeum Fort, with a cooking session at the boutique resort Avanilaya, in Corjuem near Aldona, overlooking the beautiful Mapusa river.

The tour starts and ends at the resort. It culminates in a remarkable culinary experience with expert chefs in an amazing setting, as you participate in creating a fantastic local breakfast.

Start at: Divja Circle, just a few minutes' walk from the Panaji Cruise boat jetty, and 5-7 minutes' walk from the Panaji Bus Stand.

Time: 5 hours, Daily, 07:30 to 13:00 hrs

Included

Use of 21-speed geared hybrid/mountain bicycle

Group leader and guide

Use of Helmet for safety

Bottled Water

Culinary breakfast experience at an exclusive riverside boutique resort

Excluded

Transport to and from starting/ending point

Tips

Anything not in the included list

Recommended

Camera, Sun Screen lotion, Sun Glasses, Napkin

If you wear spectacles, a strap to stop them from falling

Clothes for Cycling

Tee shirt and shorts *or* long sleeved shirt and long track pants if you get easily sunburned. *Footwear:* Sports shoes

MRP for Tour: One Person: Rs4,470; Two to Three Persons: Rs4,070 each; Four to Six persons: Rs3,870 each; Seven to 10 persons: Rs3,570 each

Up to 10 persons per tour

Tour must be booked at least 72 hours in advance

SEA KAYAKING EXCURSION

Morning Beach Kayaking: Available 1 October to 15 May



Kayak from Bambolim Beach to two secluded and splendid beaches in the morning. Swing on the roots of a seaside banyan tree. Search for colourful shells. Splash in clear waters. Irresistible!
Time: Daily, 2 hours,
7.30am to 9.30am.

Included

Use of Sit-on-Top Kayaks with paddle and backrest
Group leader and guide
Use of Life Jacket for safety
Bottled Water

Excluded

Transport to and from starting/ending point
Tips
Anything not in the included list

Recommended

Swim Wear
Towel
Change of Clothes
Sun Screen lotion
Sun Glasses
If you wear spectacles, a strap to stop them from falling in the water

Clothes for Kayaking

Wear something you can comfortably get wet in:
Tee shirt and shorts / swim shorts *or* a long sleeved shirt and long track pants if you get easily sunburned. *Footwear:* Water shoes, canvas gym shoes or sandals with a strap at the back: Avoid leather footwear

MRP for Excursion: Rs825 per person

Up to 12 persons per Excursion

Excursion must be booked at least 24 hours in advance

SEA KAYAKING EXCURSION

Sunset at Sea: Available 1 October to 15 May



Sunset kayaking off Bambolim Beach is magical. After all, who can resist a Goa sunset? Paddle out into the calm waters of the bay. Go straight towards the sun to see a saffron sunset in all its majesty; from the sea.

Time: Mon to Fri, 2 hours,

Summer: 5.00pm to 7.00pm

Winter: 4.30pm to 6.30pm

Included

Use of Sit-on-Top Kayaks with paddle and backrest

Group leader and guide

Use of Life Jacket and boat light for safety

Bottled Water

Excluded

Transport to and from starting/ending point

Tips

Anything not in the included list

Recommended

Swim Wear

Towel

Change of Clothes

Sun Screen Lotion

Sun Glasses

If you wear spectacles, a strap to stop them from falling in the water

Clothes for Kayaking

Wear something you can comfortably get wet in:

Tee shirt and shorts / swim shorts *or* a long sleeved shirt and long track pants if you get easily sunburned. *Footwear:* Water shoes, canvas gym shoes or sandals with a strap at the back: Avoid leather footwear

MRP for Excursion: Rs825 per person

Up to 12 persons per Excursion

Excursion must be booked at least 24 hours in advance

SEA KAYAKING EXCURSION

Weekend Beach Bounty: Available 1 October to 15 May



On Saturdays and Sundays, we take you kayaking to a serene and completely secluded little virgin beach. It's heavenly...

Time: Saturday and Sunday, 3 hours 30 minutes, 3.00pm to 7.00pm.

Included

Use of Sit-on-Top Kayaks with paddle and backrest

Group leader and guide

Use of Life Jacket for safety

Bottled Water

Snack and Fruit Juice / Soft Drink

Excluded

Transport to and from starting/ending point

Tips

Anything not in the included list

Recommended

Swim Wear

Towel

Change of Clothes

Sun Screen lotion

Sun Glasses

If you wear spectacles, a strap to stop them from falling in the water

Clothes for Kayaking

Wear something you can comfortably get wet in:

Tee shirt and shorts / swim shorts *or* a long sleeved shirt and long track pants if you get easily sunburned. *Footwear:* Water shoes, canvas gym shoes or sandals with a strap at the back: Avoid leather footwear

MRP for Excursion: Rs1,590 per person

Up to 12 persons per Excursion

Excursion must be booked at least 24 hours in advance

MOONLIGHT KAYAKING EXCURSIONS

Moonlight Kayaking: Available 10 days a month, October to April

(1) Waxing Moon Excursion: Half moon to three nights before Full Moon

(2) Full Moon Excursion: Two nights before to the night after Full Moon

(3) Late Night Moonlight Excursion: Second night after Full Moon



Seven nights before and two nights after the Full Moon, we take you kayaking in the moonlight off Bambolim Beach.

The bright moon makes the landscape come surreally alive. It's an experience with a difference.

RATES VARY AS PER PHASE OF THE MOON: See Below

Available Dates:

5 to 14 March 2017

4 to 13 April 2017

1 to 8 October 2017

28 Oct to 6 Nov 2017

26 Nov to 5 Dec 2017

26 Dec 2017 to 4 Jan 2018

25 Jan to 2 Feb 2018

23 Feb to 4 Mar 2018

24 Mar to 2 Apr 2018

Time: 19:00hrs to 24:00hrs — 3 hours 30 minutes

Included

Use of Sit-on-Top Kayaks with paddle and backrest

Group leader and guide

Use of Life Jacket and boat light for safety

Bottled Water

Snack and Fruit Juice / Soft Drink

Excluded

Transport to and from starting/ending point

Tips

Anything not in the included list

Recommended

Swim Wear

Towel

Change of Clothes

Sun Screen lotion

Sun Glasses

If you wear spectacles, a strap to stop them from falling in the water

Clothes for Kayaking

Wear something you can comfortably get wet in:

Tee shirt and shorts / swim shorts *or* a long sleeved shirt and long track pants if you get easily sunburned. *Footwear:* Water shoes, canvas gym shoes or sandals with a strap at the back: Avoid leather footwear

MRP for Waxing Moon Excursion (5 to 9 Mar 2017, 4 to 8 Apr 2017, 28 Oct to 1 Nov 2017, 26 to 30 Nov 2017, 25 to 29 Jan 2018, 23 to 27 Feb 2018, 24 to 28 Mar 2018): *Rs 1,190 per person*

MRP for Full Moon Excursion (10 to 13 Mar 2017, 9 to 12 Apr 2017, 2 to 5 Nov 2017, 1 to 4 Dec 2017, 30 Jan to 2 Feb 2018, 28 Feb to 3 Mar 2018, 29 Mar to 1 Apr 2018): *Rs 2,090 per person*

MRP for Late Night Moonlight Excursion (14 Mar 2017, 13 Apr 2017, 6 Nov 2017, 5 Dec 2017, 3 Feb 2018, 4 Mar 2018, 2 Apr 2018) Tour starts at 8.30pm: *Rs 1,590 per person*

Up to 12 persons per Excursion

Excursion must be booked at least 24 hours in advance

BACKWATER KAYAKING EXCURSION

Chorao Chillout: Available 15 August to 15 May



We start from near a traditional sluice gate in the village of Penha de Franca and enter the Chorao wetlands, a mangrove wonderland with water birds.

Paddling along narrow channels, we make our way through the wetlands, taking in the different mangrove species, watching birds and crabs, or just chilling. Then back to our starting point.

Time: Daily, 3 hours, at High Tide (time varies from day to day).

Included

Use of Sit-on-Top Kayaks with paddle and backrest

Group leader and guide

Use of Life Jacket for safety

Bottled Water

Snack and Fruit Juice / Soft Drink

Excluded

Transport to and from starting/ending point

Anything not in the included list

Recommended

Swim Wear

Towel

Change of Clothes

Sun Screen lotion

Sun Glasses

If you wear spectacles, a strap to stop them from falling in the water

Clothes for Kayaking

Tee shirt and shorts / swim shorts *or* a long sleeved shirt and long track pants if you get easily sunburned. *Footwear:* Water shoes, canvas gym shoes or sandals with a strap at the back: Avoid leather footwear.

MRP for Excursion: One Person: Rs4,475, Two to Three Persons: Rs2,590 each, Four to Five Persons: Rs2,090 each, Six to 10 Persons: Rs1,790 each

Up to 10 persons per Excursion

Excursion must be booked at least 72 hours in advance

BACKWATER KAYAKING EXCURSION

Aguada Ahoy: Available 15 August to 15 May



Starting from under the Nerul Bridge, on the road from Panaji to Candolim, we paddle down the Aguada River (next to the fort of the same name) into a mangrove forest which we explore, making our way through the trees and watching birds and aquatic life, before we return.

Time: Daily, 3 hours, at High Tide
(Time varies from day to day).

Included

Use of Sit-on-Top Kayaks with paddle and backrest
Group leader and guide
Use of Life Jacket for safety
Bottled Water
Snack and Fruit Juice / Soft Drink

Excluded

Transport to and from starting/ending point
Anything not in the included list

Recommended

Swim Wear
Towel
Change of Clothes
Sun Screen lotion
Sun Glasses
If you wear spectacles, a strap to stop them from falling in the water

Clothes for Kayaking

Tee shirt and shorts / swim shorts *or* a long sleeved shirt and long track pants if you get easily sunburned. *Footwear:* Water shoes, canvas gym shoes or sandals with a strap at the back: Avoid leather footwear.

MRP for Excursion: One Person: Rs4,725, Two to Three Persons: Rs2,590 each, Four to Five Persons: Rs2,190 each, Six to 10 Persons: Rs1,890 each

Up to 10 persons per Excursion

Excursion must be booked at least 72 hours in advance

SAILING OUTING

Sunset Sail: Available 1 November to 15 May



We start from Dona Paula. After a short briefing, we motor out in a small boat to the sailing boat, get in, hoist the sails, cast off and get sailing by about 5.30pm. We sail out to sea, catch a glorious sunset over the water, and return. If you are lucky, you could spot a dolphin. Clients must help the skipper in hoisting and lowering sails.

Time: Daily, 2 hours, 4.30pm-7pm

Included

Use of Sailing Boat for up to four people
Skipper and guide
Use of Life Jackets for safety
Snack and Soft Drink
Bottled Water

Excluded

Any expenses on food, drink, stay and/or any services at hotels, restaurants, beach shacks or shops; clients must bear their own expenses.

Tips

Anything not in the included list

Recommended

Camera

Sun Screen lotion

Sun Glasses

If you wear spectacles, a strap to stop them from falling in the water

Clothes for sailing

We recommend a tee shirt and shorts OR long sleeved shirt and long track pants if you get easily sunburned

To Carry

Swimming gear, Change of clothes, Towel. *Footwear:* Water shoes, canvas gym shoes or sandals with a strap at the back: Avoid leather footwear

MRP for Outing: Rs3,490 per boat (up to four people)

Up to 8 persons (2 boats) per outing

Outing must be booked at least 24 hours in advance

SAILING OUTING

Sail to Bambolim: Available 1 November to 15 May



Set sail from Dona Paula, sail across the Zuari Bay and then tack back to Bambolim Beach. The Sand-n-Sea Shack at Bambolim offers some very fine sea food at fairly moderate prices. After some R&R, get on the boat and sail back to Dona Paula. Time: Daily, 3 - 4 hours. 3pm to 7 pm

Included

Use of Sailing Boat for up to four people
Skipper and guide
Use of Life Jackets for safety
Snack and Soft Drink
Bottled Water

Excluded

Any expenses on food, drink, stay and/or any services at hotels, restaurants, beach shacks or shops; clients must bear their own expenses.
Tips
Anything not in the included list

Recommended

Camera
Sun Screen lotion
Sun Glasses
If you wear spectacles, a strap to stop them from falling in the water

Clothes for sailing

We recommend a tee shirt and shorts OR long sleeved shirt and long track pants if you get easily sunburned

To Carry

Swimming gear, Change of clothes, Towel. *Footwear:* Water shoes, canvas gym shoes or sandals with a strap at the back: Avoid leather footwear

MRP for Outing: Rs5,490 per boat (up to four people)

Up to 8 persons (2 boats) per outing

Outing must be booked at least 48 hours in advance

SAILING OUTING

Beach Bohemia: Available 1 November to 15 May



Sail from Dona Paula to Spring Beach. It gets its name from the fresh water spring right at the sand's edge, where you can wash off the salt after having a dip in the sea. Explore the ruins of the historical Mormugao Fort on the hillsides above the beach. Lounge. Swim... Get a grand vista of the sunset over the sea, on return.
Time: Daily, 4 hours, 3pm to 7pm

Included

Use of Sailing Boat for up to four people
Skipper and guide
Use of Life Jackets for safety
Snack and Soft Drink
Bottled Water

Excluded

Any expenses on food, drink, stay and/or any services at hotels, restaurants, beach shacks or shops; clients must bear their own expenses.
Tips
Anything not in the included list

Recommended

Camera
Sun Screen lotion
Sun Glasses
If you wear spectacles, a strap to stop them from falling in the water

Clothes for sailing

We recommend a tee shirt and shorts OR long sleeved shirt and long track pants if you get easily sunburned

To Carry

Swimming gear, Change of clothes, Towel. *Footwear:* Water shoes, canvas gym shoes or sandals with a strap at the back: Avoid leather footwear

MRP for Outing: Rs5,490 per boat (up to four people)

Up to 8 persons (2 boats) per outing

Outing must be booked at least 48 hours in advance

SAILING OUTING

Tour de Tiswadi: Available 1 November to 15 May



Start from Dona Paula and sail up the Zuari river to Marcaim. Here, we put down the sails and motor up the Cumbarjua River. Here, crocodiles sun themselves on the mudflats during low tide. We emerge into the Mandovi river and stop at Old Goa, where you can see magnificent churches. Then, we motor past Panaji, hoist sail and round the Cabo Raj Bhawan back to Dona Paula.

You will have circumnavigated the province of Tiswadi, also known as 'Ilhas' or the 'Island of Goa'.

You will have travelled in the Zuari and the Mandovi, Goa's two biggest rivers; the Cumbarjua River and the Arabian Sea.

Time: Daily, 10 hours, 8.30am to 7pm

Included

Use of Sailing Boat for up to four people

Skipper and guide

Use of Life Jackets for safety

Bottled Water, Snack and Soft Drink

Excluded

Any expenses on food, drink, stay and/or any services at hotels, restaurants, beach shacks or shops; clients must bear their own expenses.

Anything not in the included list

Recommended

Camera, Sun Screen lotion, Sun Glasses

If you wear spectacles, a strap to stop them from falling in the water

Clothes for sailing

We recommend a tee shirt and shorts OR long sleeved shirt and long track pants if you get easily sunburned

To Carry

Swimming gear, Change of clothes, Towel. *Footwear:* Water shoes, canvas gym shoes or sandals with a strap at the back: Avoid leather footwear

MRP for Outing: Rs11,990 per boat (up to four people)

Up to 8 persons (2 boats) per outing

Outing must be booked at least 72 hours in advance

SAILING OUTING

Heavenly Hollant: *Available 1 November to 15 May*



Hollant is a tiny cove round the corner from Bogmalo Beach. It also has an excellent restaurant and rooms to stay. Start from Dona Paula in the morning and reach Hollant by mid-afternoon, after sailing past Mormugao Harbour, Vasco's Baina Beach, Pequeno Island, Dabolim Airport and Bogmalo Beach. Splash in calm and safe waters off the

beach. Eat at the Copa Cabana Bar and Restaurant. Return by motoring. If you wish, spend the night and return by road at your own expense.

Time: Daily, 10 hours, 8.30am to 5pm

Included

Use of Sailing Boat for up to four people

Skipper and guide

Use of Life Jackets for safety

Bottled Water, Snack and Soft Drink

Excluded

Any expenses on food, drink, stay and/or any services at hotels, restaurants, beach shacks or shops; clients must bear their own expenses.

Anything not in the included list

Recommended

Camera, Sun Screen lotion, Sun Glasses

If you wear spectacles, a strap to stop them from falling in the water

Clothes for sailing

We recommend a tee shirt and shorts OR long sleeved shirt and long track pants if you get easily sunburned

To Carry

Swimming gear, Change of clothes, Towel. *Footwear:* Water shoes, canvas gym shoes or sandals with a strap at the back: Avoid leather footwear

MRP for Outing: Rs10,990 per boat (up to four people)

Up to 8 persons (2 boats) per outing

Outing must be booked at least 72 hours in advance

OCEAN TREK

An Ocean Trek is a walk along a mountain overlooking the sea. As you walk, the majesty of the magnificent Arabian Sea is a near-constant presence. The sylvan sound of the waves soothes your soul and makes your spirits soar.

Ocean Trek Neuti: *Available 1 September to 15 May*



A walk along a wooded hillside overlooking the Arabian Sea off the coast between Vengurla and Malwan, in southern Maharashtra. Start from Porvorim in Goa at 07:00hrs, and drive to Kochra-Shriramwadi. After a breakfast snack, set off on a hilly path on cliffs next to the sea.

As we walk along the hillside, we come across virgin beaches and isolated coves. The Trek

ends at the pristine Neuti Beach. You will be treated to a traditional Malvani coastal lunch (fish or vegetarian). Splash in the sea on a very safe beach, or see the historic Neuti Fort, built by the great Maratha king Shivaji Reach Porvorim by 19:30hrs.

Included

Group Leader and Guide, Transport to and from Porvorim, Bottled water, Breakfast snack, traditional Malvani lunch, tea

Excluded

Transport to and from meeting point
Anything not in the Included list

Recommended

Sunscreen, Sunglasses, Cap, Camera, Swim wear, Change of clothes, Towel, Personal medications.

Clothes for trekking

Long pants, preferably jeans (those wearing shorts will get scratched by thorns), Long sleeved shirt. *Footwear:* Sports shoes or trekking shoes

MRP for Outing (Min 6 persons): Rs13,990 (for up to six persons);
Rs1,890 per additional person

Up to 45 persons per outing

Outing must be booked at least 72 hours in advance

OCEAN TREK

Ocean Trek Arambol: Available 1 September to 15 May



This trek starts from the deserted grassy Paliem plateau, and follows a perennial stream down to the northern Arambol Beach, famous for its fresh water lake just a few metres from the sea. Here, you can relax, take a dip, wash off the salt in the sweet water lake, or even smear yourself with the 'Multani Matti' medicinal mud on the banks of the stream on the hillside and then bathe in one of the many pools along the stream. We then walk across the

hillside along the sea, past spectacular seascape scenery, to reach Goa's northernmost and least commercialised beach, Keri, and then on to our pick-up point. Included: Transport from and to the meeting point in Porvorim, bottled water and a light packed lunch.

Included

Group Leader and Guide
Transport to and from Porvorim
Bottled water
Breakfast snack
Light packed lunch

Excluded

Transport to and from meeting point
Anything not in the Included list

Recommended

Sunscreen, Sunglasses, Cap, Camera, Swim wear, Change of clothes, Towel, Personal medications.

Clothes for trekking

Long pants, preferably jeans (those wearing shorts will get scratched by thorns), Long sleeved shirt. *Footwear:* Sports shoes or trekking shoes

MRP for Outing (Min 6 persons): Rs8,990 (for up to six persons);
Rs990 per additional person

Up to 45 persons per outing

Outing must be booked at least 72 hours in advance

About Adventure Breaks

Set up in 2013 by Kim Sabir (CEO) and Ashwin Tombat (Director), Adventure Breaks offers safe, guided adventures. You are in the hands of skilled and experienced guides. We follow all international safety norms.

Nothing we do is motorised; we have no parasailing or jetskis, no speedboats or banana rides, no motorcycles or go-karts. The only motor we use is a small-capacity outboard motor on a safety boat, a safety car, or a bus to pick you up and drop you back.

Adventure Breaks is deeply committed to the environment. We strongly discourage litter of any kind, on land or water. We require our clients to bring back all garbage for disposal in a proper facility. We discourage use of plastic that cannot be recycled.

Kim Sabir



A sailor, climber and trekker. In 1986, he sailed from Mumbai to Muscat, Oman, in a 21-foot open Seabird sailing boat. He is also Goa's top personal fitness trainer. Kim handles Cycling, Treks and Climbing, and assists with Sailing and Kayaking for Adventure Breaks.

Ashwin Tombat



Was a journalist; editor of a number of English daily newspapers in Goa before he chucked it all up to do adventure full time. Cyclist, Mountaineer, Sailing and Sea Swimming Coach and self-taught Kayaker, Ashwin handles Kayaking and Sea Swimming, and assists with Treks, Climbing, Sailing and Cycling for Adventure Breaks.

We also have associates that conduct and/or assist in our activities. Each is an experienced adventurer and guide.

Refund Policy

Same Day: 100% deducted

Up to 24 hours: 75% deducted

Over 24 hours: 50% deducted